

Articulation Agreement

Between Gaston College and Lenoir-Rhyne University

The goal of an Articulation Agreement is to support the efforts of both institutions to meet educational needs of citizens of North Carolina and to work cooperatively to improve access to higher education in their respective service districts. The purpose of this Agreement is to articulate the requirements and procedures to facilitate graduates with the degree of Associate in Applied Science (AAS) in Health and Fitness Science from Gaston College in pursuing a Bachelor's Degree in Exercise Science from Lenoir-Rhyne University, School of Health, Exercise and Sport Science.

Agreement Guidelines:

This section sets forth the general guidelines for this transfer agreement to be in effect. Both colleges agree to abide by these guidelines and it is understood by both parties that this agreement is subject to review and revision as appropriate. It is recommended that the Agreement be reviewed, and revised if necessary every two years to ensure compliance with all local, state and national accrediting bodies' policies and expectations. Any addenda to this agreement should be agreed upon by both parties. This agreement may be terminated by either college by submitting a written notice of intent at least 90 days in advance.

1. Students wishing to engage in this articulation agreement must have been awarded an Associate in Applied Science in Health and Fitness Science from Gaston College as specified in this agreement.
2. Students must meet all the admissions requirements of Lenoir-Rhyne University including completion of the application, submission of official transcripts from all institutions attended, letters of recommendation (if required) and payment of the application fee.
3. Students must meet the residency and graduation requirements of Lenoir-Rhyne University according to their catalog of entry. Students may transfer a maximum of 64 semester credit hours from Gaston College. The remaining 64 semester credit hours for the degree must be completed through Lenoir-Rhyne University.
4. Students will receive transfer credit for courses taken at Gaston College according to the attached Transfer Agreement/Equivalency. Other courses taken at Gaston College will be evaluated for transfer on a course-by-course basis by Lenoir-Rhyne University Registrar's Office. To receive credit for a course, a student must have earned a "C" or better.

Attachment A

Course Equivalencies

Gaston College			Partner Institution		
Course Number	Course Title	SHC	Course Number	Course Title	SHC
ENG III and ENG 112	Writing and Inquiry Writing/Research in the Disciplines	6	ENG 131	Critical Thinking and Writing	4
ARTIII or MUS 110	Art Appreciation Music Appreciation	3	Fine Art	Fine Art Elective (must be completed at GC)	3
BIO 155	Nutrition	3	HSE 288	Nutrition	3
MAT 152	Statistical Methods I	4	MATIIS	Statistics	3
ENG 231 Or ENG 232 Or PHI 240	American Literature I American Literature II Introduction to Ethics	3	HUM	Level I Humanities Elective	3
PSY 150	General Psychology	3	HSB	Level I HSB Elective (fulfills core and technical requirements for major)	3
BIO 168	Anatomy and Physiology I	4	BIO 281	Anatomy and Physiology I (fulfills core and technical requirements for major)	4
BIO 169	Anatomy and Physiology 11	4	BIO 282	Anatomy and Physiology II	4
PED 117	Weight Training I	1	HSE 116	Weight Training	1
PSF 110	Exercise Science	4	HSE 200	Introduction to Kinesiology	3
HEA 112	First Aid & CPR	2	HSE 285	First Aid/Emergency Care	1
PSF 111 And PSF 210	Fitness and Exercise Testing Personal Training	7	HSE 320	Exercise Evaluation and Prescription	4

GC students are encouraged to complete PHY 15/: General Physics I and PHY 151: General Physics II at GC when possible.

Attachment B

ADDITIONAL INFORMATION

Each potential applicant to the Lenoir-Rhyne School of Health, Exercise and Sport Science must make application to Lenoir-Rhyne University. Upon acceptance by the University, each student will be assigned an academic advisor to assist in planning course selection and sequencing. Each student is encouraged to consult with the advisor in the program.

The applicant must:

1. Be accepted by Lenoir-Rhyne University (LRU).
2. Complete the A.A.S. in Health and Fitness Science from Gaston College (GC).
3. Hold current certification in CPR and First Aid by the American Red Cross or American Heart Association.
4. Have an overall cumulative GPA of 2.0 minimum in all courses transferred, taken or credited by examination at Lenoir-Rhyne University.
5. The following courses must be completed as part of the AAS degree with a grade of C or better:
 - a. Biology 168: Anatomy and Physiology I and BIO 169: Anatomy and Physiology II
 - b. Psychology 150: General Psychology
 - c. MAT 152: Statistical Methods
 - d. Humanities/Fine Arts Elective
6. A personal interview may be required.
7. Letter of recommendation from present (or most recent) instructor and/or employer.

Each potential applicant is encouraged to obtain and review thoroughly a copy of the Lenoir-Rhyne Catalog

Proposed Curriculum at Lenoir-Rhyne University

-students must take 12 hours each semester to be considered Jul/time

Fall 1:

- HES 300: Exercise Physiology (4 er.) (Receive 20 HES hours when course is completed with a C or above that serve as major electives, *considered credit by exam**)
- HES 390: Directed Readings and Research (3 er.)
- CSC 050: Computing Competency (0 er.)
- LRC IOIT: Transfer Orientation (1 er.)
- COM 111: Speech Communications (3 er.)
- *Level I HUM or HSB (3 er.) (if not completed at GC)*

Spring 2:

- HES 303: Biomechanics and Kinesiology (4 er.)
- HES 321: Internship in Exercise Science I (2 er.)
- Religion 100 (3 er.)
- CSC 115: Computer Science (1 er.)
- *Level 1 HUM or HSB (3 er.) (if not completed at GC)*

Fall 2:

- HES 322: Internship in Exercise Science II (2 er.)
- HES 431: Sports Nutrition (3 er.)
- *HES 436: Clinical Exercise Physiology (3 er.) (spring only) or HES 515: Sport and Exercise Performance (3 er.) (fall only)*
- Foreign Language I (3 er.)
- Level 2 HUM, HSB or NAT (3 er.)
- Electives (as needed to meet 128 hour requirement)

Spring 2:

- HES 421: Internship in Exercise Science III (2 er.)
- *HES 436: Clinical Exercise Physiology (3 er.) (spring only) or HES 515: Sport and Exercise Performance (3 er.) (fall only)*
- Level 2 HUM, HSB or NAT (3 er.) with capstone presentation
- Foreign Language 2 (3 er.)
- HES 330: Psychology of Sport (3 er.)
- Electives (as needed to meet 128 hour requirement)

Total Hours = 128 (49-55 credits at LRU, 20 credits awarded by exam with successful completion of HES 300, up to 64 credits by transfer)

*HES Electives (20 er.) accepted after successful completion of HES 300:

- Health Psychology (3 er.)
- Lifestyle Change and Wellness (3 er.)
- Fitness Facility Management (4 er.)
- Group Exercise Instruction (2 er.)
- Prevention and Care of Exercise Injury (2 er.)
- Physical Fitness Theory and Instruction (4 er.)
- Personal Training (2 er.)